

What do we need to be able to do in any given rehearsal/concert?

Patterns:

Regular - 2, 3, 4, 5, 6 (duple and triple)

Asymmetrical – 2 (2+3, 3+2), 3 (3+2+2, 2+3+2, 2+2+3, 3+3+2), 4 (2+2+2+3)

Preparations

Regular – 1, 2, 3, 4, etc

Syncopated – 1+, 2+, 3+, 4+, etc

Dynamics

Plateaus – p, mp, mf, f, etc

Slopes – crescendo, decrescendo

Articulation

Legato vs. Non-Legato

Tenuto, Staccato, and Fermata are commentary on length

Accent is commentary on volume

Leggiero and Marcato are commentary on weight

Exercise Generator:

Tempo = _____

2-category exercises – Pattern_____ + Preparation on _____
Pattern_____ + Dynamic_____

Pattern_____ + Articulation_____

3-category exercises – Pattern_____ + Dynamic_____ + Preparation on _____
Pattern_____ + Articulation_____ + Preparation on _____

4-category exercises – Pattern_____ + Dynamic_____ + Articulation_____ + Preparation _____

Changing variables:

Single variable

2-category exercises – Pattern_____ + Variable Preparation _____
Variable Pattern_____ + Preparation _____

Multiple variables

2-category exercises – Variable Pattern_____ + Variable Preparation _____

Easy Workout (modified easily for each major pattern)

Tempo = 80, Pattern – 4, Duration- 12 bars
Prepare 1, 4 bars
Prepare 2, 4 bars
Prepare 3, 4 bars
Prepare 4, 4 bars
Prepare 1, next bar 2, next bar 3, next bar 4
Prepare every other beat starting on 1
Prepare every other beat starting on 2
Prepare every third bear starting on 1
Total conducting time – 5 minutes

Intermediate Workout (begin with Easy workout, and continue without stopping)

Tempo = 100
2 pattern – prepare 1,2
3 pattern – prepare 1,2,3
4 pattern – prepare 1,2,3,4
5 pattern – prepare 1,2,3,4,5
6 pattern – prepare 1,2,3,4,5,6
5 pattern – prepare 1,2,3,4,5
4 pattern – prepare 1,2,3,4
3 pattern – prepare 1,2,3
2 pattern – prepare 1,2
Total conducting time – 8 minutes

Difficult

Variable Pattern – 2,3,4,5,6,5,4,3,2
Prepare 1 through pattern sequence
Prepare 2 through pattern sequence
Prepare the final beat through pattern sequence
Prepare every third beat through pattern sequence

Very Difficult

Variable Pattern – 2,3,4,5,6,5,4,3,2
Prepare 1 through pattern sequence, every other bar changes dynamic from p to f
Prepare 2 through pattern sequence, every other bar changes from legato to non legato
Prepare the final beat through pattern sequence, every other bar changes both dyn. and art
Prepare every third beat through pattern sequence, every other bar changes both dyn. and art

Tempo Modulator for Subdivision and Macrodivision

Acceleration

Patterns 8-4-2-1 or 12-4-2-1

Deceleration

Pattern 1-2-4-8 or 1-2-4-12